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chak·ra  (chũk rə)

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n.

Any of the points in the human body described in yogic philosophy as centers of vital energy, especially one of seven such centers that are aligned with the spinal column.

[Sanskrit *cakram*, wheel, circle; see *k^wel*-¹ [in the Appendix of Indo-European roots](#).]

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Indo-European & Semitic Roots Appendices

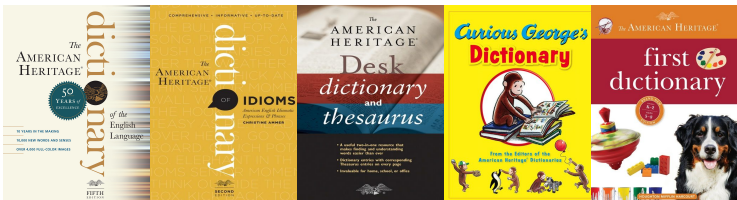
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The Indo-European appendix covers nearly half of the Indo-European roots that have left their mark on English words. A more complete treatment of Indo-European roots and the English words derived from them is available in our [Dictionary of Indo-European Roots](#).

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