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par·kour  (pär-k r)

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n.

A sport or athletic activity in which the participant seeks to move quickly and fluidly through an area, often an urban locale, by surmounting obstacles such as walls and railings and leaping across open spaces, as in a stairwell or between buildings.

[French, from respelling of *parcours*, course (as in *parcours du combattant*, obstacle course (literally, "combatant's course")), from Old French, right to drive animals in an area, route, from Medieval Latin *percursus*, from past participle of Latin *percurrere*, to run through, rove; see [PERCURRENT](#).]

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