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Language



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cinch  (sĭnch)

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n.

1.

a. A girth for a pack or saddle.

b. An encircling cord, band, or belt.

2.

a. Something easy to accomplish. See Synonyms at [breeze](#)¹.

b. A sure thing; a certainty: *Their team is a cinch to win the tournament.*

v. **cinched**, **cinch·ing**, **cinch·es**

v.tr.

1.

a. To put a saddle girth on (a horse).

b. To secure (a saddle) by means of a cinch.

c. To encircle or wrap tightly: *"her hair orderly, her nightgown cinched around her neck" (E. Annie Proulx).*

d. To tighten (an encircling cord or belt, for example).

2. *Informal* To make certain; secure or guarantee: *cinch a victory.*

v.intr.

To tighten an encircling band or saddle girth. Often used with *up*.

[Spanish *cincha*, feminine of *cincho*, belt, from Latin *cīnctus*, from past participle of *cingere*, to gird; see **kenk-** [in the Appendix of Indo-European roots](#).]

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