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AMERICAN
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dictionary

of the
English
Language



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bi·ceps  (bi səps')

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n.pl. **biceps**

1. A muscle with two heads or points of origin.

2.

a. The large muscle at the front of the upper arm that flexes the forearm. Also called *biceps brachii*.

b. The large muscle at the back of the thigh that flexes the knee joint. Also called *biceps femoris*.

[From Latin, two-headed : *bi-*, two; see [BI-](#)¹ + *caput*, head; see **kaput-** [in the Appendix of Indo-European roots](#).]



(click for a larger image)

biceps

left: biceps relaxed to extend forearm

right: biceps contracted to raise forearm

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