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heal  (hēl)

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v. **healed**, **heal·ing**, **heals**

v.tr.

1.

a. To restore to health or soundness; cure: *healed the sick patient.*

b. To ease or relieve (emotional distress): *Only time can heal her grief.*

2. To set right; repair: *healed the rift between us.*

v.intr.

1.

a. To recover from an illness or injury; return to health.

b. To experience relief from emotional distress: *gave the grieving family time to heal.*

2. To be relieved or eliminated: *The rift between them finally healed.*

[Middle English *healen*, from Old English *hēlan*; see **kailo-** [in the Appendix of Indo-European roots](#).]

heal **a·ble** *adj.*

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