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braise  (brāz)

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tr.v. **braised**, **brais·ing**, **brais·es**

To cook (meat or vegetables) by browning in fat, then simmering in a small quantity of liquid in a covered container.

[French *braiser*, from *braise*, hot charcoal, from Old French *brese*, of Germanic origin; see **bhreu-** [in the Appendix of Indo-European roots](#).]

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Thousands of entries in the dictionary include etymologies that trace their origins back to reconstructed proto-languages. You can obtain more information about these forms in our online appendices:

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