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dictionary

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souf·flé  (s -flā)

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n.

A light, fluffy baked dish made with egg yolks and beaten egg whites combined with various other ingredients and served as a main dish or sweetened as a dessert.

[French, from past participle of *souffler*, to puff up, from Old French *soffler*, from Latin *sufflāre* : *sub-*, *sub-* + *flāre*, to blow; see **bhl̥-** [in the Appendix of Indo-European roots](#).]

souf·flé *adj.*

souf·fléed *adj.*



(click for a larger image)

soufflé

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The Indo-European appendix covers nearly half of the Indo-European roots that have left their mark on English words. A more complete treatment of Indo-European roots and the English words derived from them is available in our [Dictionary of Indo-European Roots](#).

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