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in·sel·berg  (in səl-bürg', -zəl-)

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n.
See [monadnock](#).

[German : *Insel*, island (from Middle High German *insule*, from alteration of Old High German *isila*, probably from Vulgar Latin **īsula*; see [ISLE](#)) + *Berg*, mountain (from Middle High German *berc*, from Old High German *berg*; see [bhergh](#)-² [in the Appendix of Indo-European roots](#)).]

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Thousands of entries in the dictionary include etymologies that trace their origins back to reconstructed proto-languages. You can obtain more information about these forms in our online appendices:

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