



☆ Unemployment Rate (UNRATE)

Observations ▾

Jun 2026: **4.2**

Updated

Jul 2, 20

8:31 AM CDT

Next Release Date:

Aug 7, 2026

Units:

Percent,

Frequency:

Monthly

1Y

5Y

10Y

Max

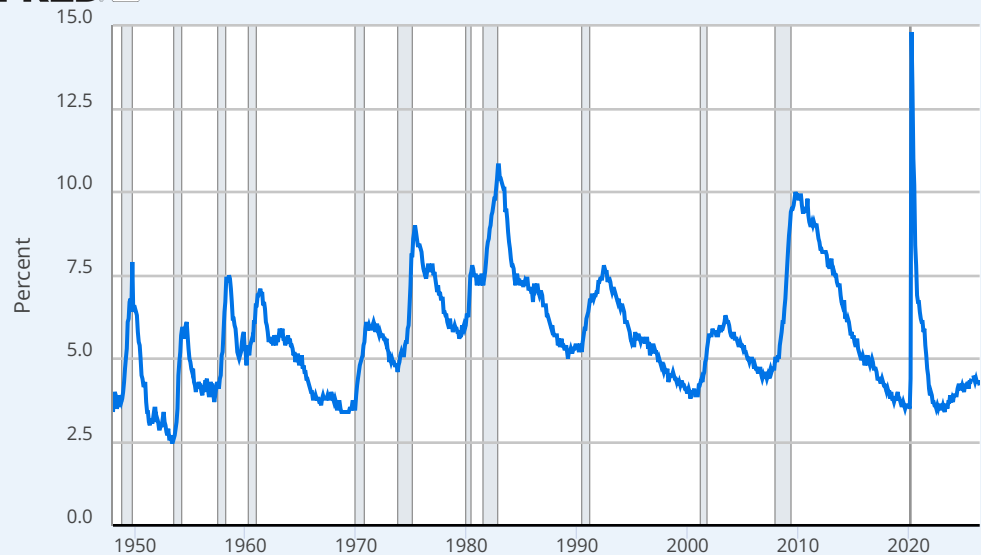


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FRED



Unemployment Rate



Source: U.S. Bureau of Labor Statistics via FRED®

Shaded areas indicate U.S. recessions

fred.stlouisfed.org

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Notes

Source: [U.S. Bureau of Labor Statistics](#)

Release: [Employment Situation](#)

Units: Percent, Seasonally Adjusted

Frequency: Monthly

Notes:

The unemployment rate represents the number of unemployed as a percentage of the labor force. Labor force data are restricted to people 16 years of age and older, who currently reside in 1 of the 50 states or the District of Columbia, who do not reside in institutions (e.g., penal and mental facilities, homes for the aged), and who are not on active duty in the Armed Forces.

This rate is also defined as the U-3 measure of labor underutilization.

The series comes from the 'Current Population Survey (Household Survey)'

The source code is: LNS14000000

Suggested Citation:

U.S. Bureau of Labor Statistics, Unemployment Rate [UNRATE],
retrieved from FRED, Federal Reserve Bank of St. Louis;
<https://fred.stlouisfed.org/series/UNRATE>, July 19, 2026.

Release Tables

Employment Situation

- Monthly, Seasonally Adjusted (population data is not adjusted for seasonal variation; not seasonally adjusted version used)
- Table A-10. Selected unemployment indicators, Seasonally adjusted: Monthly, Unemployment Rates
- Table A-15. Alternative measures of labor underutilization: Monthly, Seasonally Adjusted

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Monthly, Not Seasonally Adjusted

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