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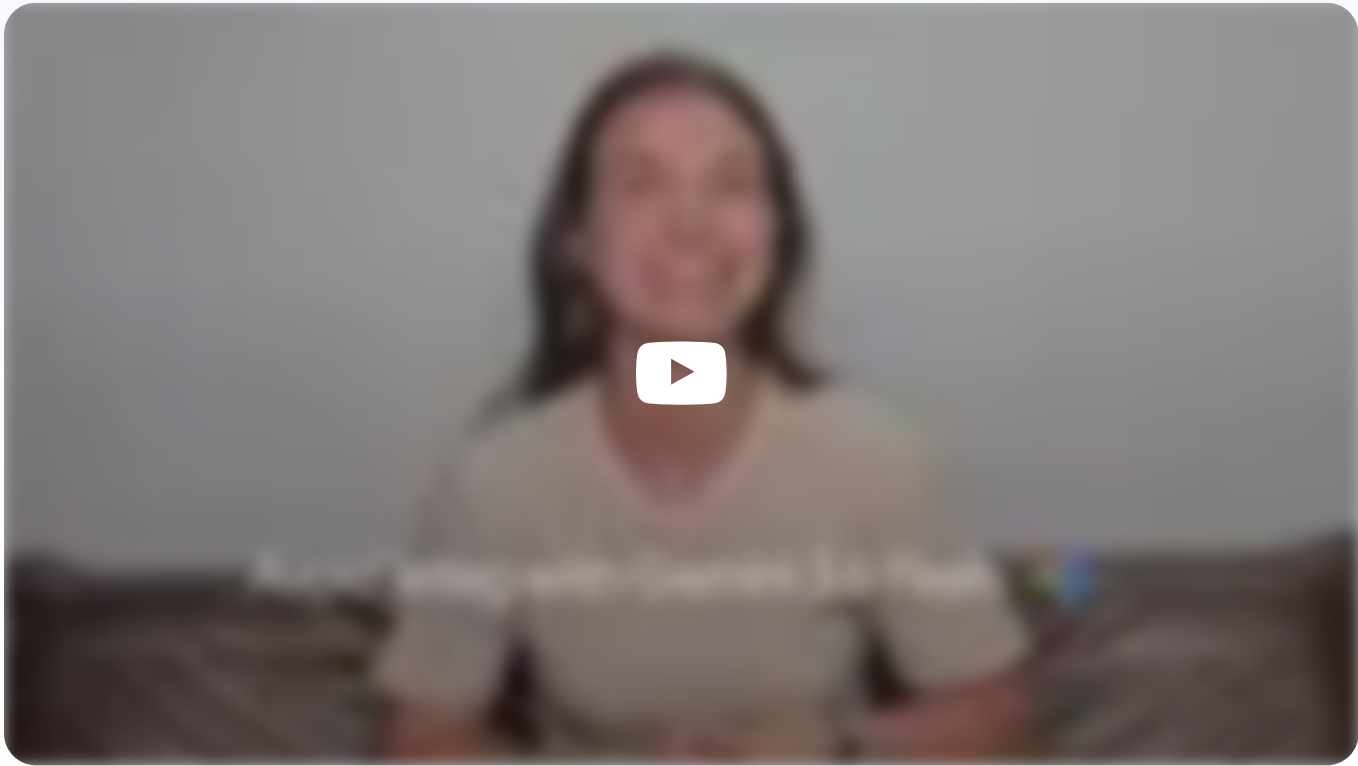
Here's how Gemini can help you avoid jetlag.

Jun 26, 2026 

If you've got a faraway trip coming up, the Gemini app can help you avoid jetlag so you can make the most of your visit.

Once you've given Gemini permission to access your Gmail and Calendar, it can find your flight information, create a jetlag-proof schedule and even add that itinerary to your calendar for you. This is all thanks to the power of our [Gemini 3.5 Flash](#) model, which combines frontier intelligence with action.

See exactly how Gemini can help you avoid jetlag in the video below.

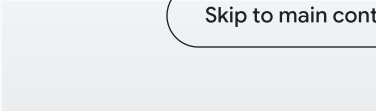


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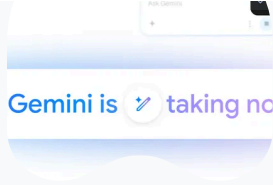




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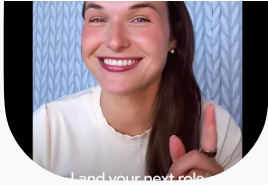
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